

OUTING to LOCH OF THE LOWES and THE HERMITAGE6th April 1978

(OS map no 50; Dunkeld - 1 inch)

Loch of the Lowes: from the carpark at the hide (043435) along the loch side to the small carpark at (055445). The Hermitage: from the N.T. carpark (013423) along the path to (005416).

Plant species recorded at Loch of the Lowes:

RANUNCULACEAE

- Caltha palustris* - Marsh Marigold f.
Anemone nemorosa - Wood Anemone f.
Ranunculus acris - Meadow Buttercup
R. repens - Creeping "
R. flammula - Lesser Spearwort
R. ficaria - Lesser Celandine f.
Aquilegia sp. - Columbine (introduction)

CRUCIFERAE

- Cardamine hirsuta* - Hairy Bittercress
Arabidopsis thaliana - Thale Cress

VIOLACEAE

- Viola riviniana* - Common Violet f.
V. palustris - Marsh Violet

HYPERICACEAE

- Hypericum perforatum* - Common St.
 John's Wort

CARYOPHYLLACEAE

- Silene dioica* - Red Champion
Cerastium arvense - Common Mouse-ear
 Chickweed f.

GERANIACEAE

- Geranium robertianum* - Herb Robert

OXALIDACEAE

- Oxalis acetosella* - Wood Sorrel

ACERACEAE

- Acer pseudoplatanus* - Sycamore

AQUIFOLIACEA

- Ilex aquifolium* - Holly

PAPILIONACEAE

- Ulex europaeus* - Gorse f.
Sarothamnus scoparius - Broom
Trifolium repens - White Clover
Lathyrus pratensis - Meadow Vetchling

FUMARIACEAE

- Corydalis claviculata* - Climbing Fumitory

ROSACEAE

- Filipendula ulmaria* - Meadow-sweet
Rubus idaeus - Raspberry
R. fruticosus - Bramble
Potentilla sterilis - Barren Strawberry f.
Geum urbanum - Herb Bennet
Alchemilla glabra - Smooth Lady's-Mantle
Rosa pimpinellifolia - Burnet Rose
R. canina agg. - Dog Rose
R. villosa agg. - Downy Rose
R. rubiginosa agg. - Sweet Briar
Prunus spinosa - Blackthorn, Sloe
P. avium - Gean, Wild Cherry
Crataegus monogyna - Hawthorn
Sorbus aucuparia - Rowan, Mountain Ash

CRASSULACEAE

- Sedum telephium* - Orpine, Livelong

ONAGRACEAE

- Epilobium montanum* - Broad-leaved
 Willow-herb
Chamaenerion angustifolium - Rose-bay
 Willow-herb

ARALIACEAE

- Hedera helix* - Ivy

UMBELLIFERAE

- Anthriscus sylvestris* - Cow Parsley
Conopodium majus - Pignut
Aegopodium podagraria - Ground Elder
Angelica sylvestris - Wild Angelica
Heracleum sphondylium - Hogweed

POLYGONACEAE

- Rumex acetosella* - Sheep's Sorrel
R. acetosa - Sorrel
R. obtusifolius - Broad-leaved Dock

GROSSULARIACEAE

- Ribes uva-crispa* - Gooseberry

URTICACEAE

Urtica dioica - Stinging Nettle

BETULACEAE

Betula pendula - Silver Birch

B. pubescens - Birch

Alnus glutinosa - Alder

CORYLACEAE

Corylus avellana - Hazel

FAGACEAE

Fagus sylvatica - Beech

Quercus robur - Pedunculate Oak

Q. petraea - Sessile Oak

Q. cerris - Turkey Oak (introd.)

SALICACEAE

Salix capraea - Goat Willow

Populus alba - White Poplar (introd.)

P. gileadensis - Balm of Gilead (int.)

PRIMULACEAE

Primula vulgaris - Primrose f.

OLEACEAE

Fraxinus excelsior - Ash f.

BORAGINACEAE

Myosotis sp. - Forget-me-not

M. discolor - Yellow-and-blue
Forget-me-not f.

SCROPHULARIACEAE

Digitalis purpurea - Foxglove

Veronica chamaedrys - Germander Speedwell

LABIATAE

Prunella vulgaris - Self-heal

Lamium purpureum - Red Dead-nettle f.

Teucrium scorodonia - Wood Sage

PLANTAGINACEAE

Plantago major - Common Plantain

P. lanceolata - Ribwort Plantain

Littorella uniflora - Shore-weed

RUBIACEAE

Galium aparine - Sticky Willy

CAPRIFOLIACEAE

Sambucus nigra - Elder

Symphoricarpos rivularis - Snowberry
(introduced).

VALERIANACEAE

Valeriana officinalis - Valerian

COMPOSITAE

Achillea millifolium - Yarrow

Cirsium vulgare - Creeping Thistle

C. heterophyllum - Melancholy Thistle

Centaurea nigra - Hardhead

Taraxacum officinale - Common Dandelion f.

JUNCACEAE

Juncus conglomeratus - Common Rush

Luzula campestris - Field Woodrush f.

AMARYLLIDACEAE

Narcissus pseudonarcissus - Daffodil f. (escape)

CYPERACEAE

Carex sp. - Sedge

C. rostrata - Bottle Sedge

GRAMINEAE

Phragmites communis - Reed

Festuca rubra - Red Fescue

Lolium perenne - Rye-grass

Poa pratensis - Common Meadow-grass f.

Dactylis glomerata - Cock's-foot

Holcus lanatus - Yorkshire Fog

Deschampsia caespitosa - Tufted Hair-grass

Agrostis tenuis - Common Bent-grass

GYMNOSPERMAE (CONIFERS)

Pinus sylvestris - Scot's Pine

Juniperus communis - Juniper

PTERIDOPHYTA (FERNS AND THEIR ALLIES)

EQUISETACEAE

Equisetum sylvaticum - Wood Horsetail

POLYPODIACEAE

Pteridium aquilinum - Bracken

Blechnum spicant - Hard-fern

Dryopteris filix-mas agg. - Male Fern

Polypodium vulgare - Polypody

BIRDS RECORDED FROM LOCH OF THE LOWES

Sandpiper
 Blue Tit
 Long-tailed Tit
 Great Tit
 Tree Creeper
 Grey Wagtail
 Curlew
 Chaffinch
 Oystercatcher
 Canada Goose
 Willow Warbler
 Wren
 Mistle Thrush
 Blackbird
 Little Grebe
 Widgeon
 Mallard
 Goldeneye
 Tufted Duck
 Coot
 Moorhen
 Redshank
 Carrion Crow
 Peewit
 Yellowhammer
 Swallow
 Osprey
 Woodpigeon

FURTHER PLANT RECORDS - FROM THE HERMITAGE ONLY

Chrysosplenium oppositifolium -
 Opposite-leaved Golden Saxifrage f.
 Mercurialis perennis - Dog's Mercury f.
 Rhododendron ponticum - Rhododendron (introd)
 Calluna vulgaris - Heather
 Vaccinium vitis-idaea - Cowberry
 V. myrtilis - Blaeberry
 Scrophularia nodosa - Figwort
 Veronica beccabunga - Brooklime
 Stachys sylvatica - Hedge Woundwort
 Ajuga reptans - Bugle
 Galium palustre - Marsh Bedstraw
 Lonicera periclymenum - Honeysuckle
 Senecio jacobaea - Ragwort
 Bellis perennis - Daisy
 Eryngium yuccifolium - Bluebell
 Juncus effusus - Soft Rush
 Luzula sylvatica - Greater Woodrush
 Carex sp. - Sedge
 Poa annua - Annual Meadow-grass
 Abies sp. - Silver Fir
 Pseudotsuga menziesii - Douglas Fir
 Cedrus sp. - Cedar
 Taxus baccata - Yew
 Polystichum aculeatum - Hard Shield-fern
 Thelypteris dryopteris - Oak Fern

BIRDS RECORDED FROM THE HERMITAGE ONLY

Dipper
 Housemartin
 Rook